

 Info

This note [found here](#)
as a part of [a collection](#)
is written (completely with human hands) by [Rupadarshi Ray](#),
created on June 9, 2026 2:05:26 AM,
and was last modified on June 12, 2026 11:48:01 AM.

Comparing a function and its derivative

Lipshitz bounds and bounds on derivatives

bounded derivative \iff Lipschitz

Let

$$f : U(\text{interval}) \subseteq \mathbb{R} \rightarrow \mathbb{R}$$

be differentiable.

- Then f being M -Lipschitz implies

$$\left| \frac{f(y) - f(y+h)}{h} \right| \leq M \implies |f'(y)| \leq M$$

so f has a bounded derivative on U .

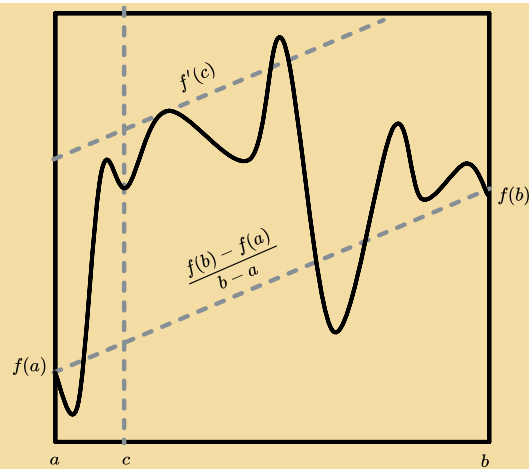
- Let f have a bounded derivative on U , $|f'| \leq M$. Then for any $x, y \in U$, by

 **(Lagrange's mean value theorem)** Let a continuous function

$$f : [a, b] \rightarrow \mathbb{R}$$

be differentiable on (a, b) . Then there is a point $c \in (a, b)$ at which

$$f(b) - f(a) = (b - a)f'(c)$$



we have

$$\exists c \in (x, y) : \left| \frac{f(y) - f(x)}{y - x} \right| = |f'(c)| \leq M$$

Thus, f is M -Lipschitz.

$\mathcal{C}^1 \implies$ locally Lipschitz

Let

$$f : [a, b] \rightarrow \mathbb{R}$$

be differentiable and

$$f' : [a, b] \rightarrow \mathbb{R}$$

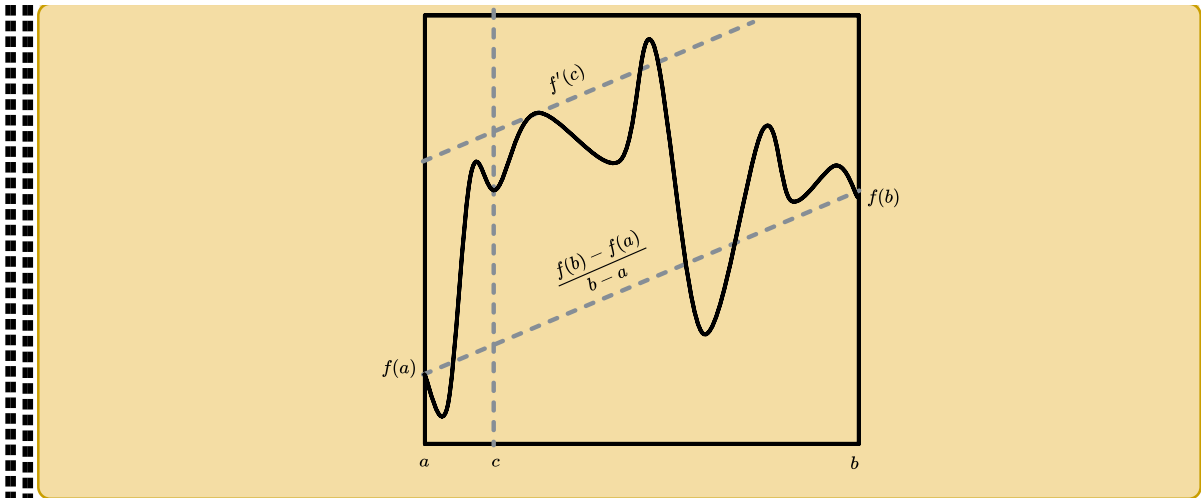
be continuous. Then f' is bounded, say $|f'| \leq M$. Then for any $x, y \in [a, b]$ by

☰ (Lagrange's mean value theorem) Let a continuous function

$$f : [a, b] \rightarrow \mathbb{R}$$

be differentiable on (a, b) . Then there is a point $c \in (a, b)$ at which

$$f(b) - f(a) = (b - a)f'(c)$$



we have

$$\exists c \in (a, b) : \left| \frac{f(y) - f(x)}{y - x} \right| = |f'(c)| \leq M$$

Hence, f is **Lipshitz continuous** on $[a, b]$.

Comparing $\| \cdot \|_1$

- Let $f \in W^{1,1}(a, b)$. For any $\xi \in (a, b)$ we have

$$f(x) = f(\xi) + \int_{\xi}^x f'$$

- Then the derivation of f from $f(\xi)$ is bounded by

$$\begin{aligned} |f(x) - f(\xi)| &= \left| \int_{\xi}^x f' \right| \\ &= \left| \int_{[\xi, x]} f' \right| \\ &\leq \int_{(a,b)} |f'| \\ &= \|f'\|_1 \end{aligned}$$

- This implies, in particular, we can bound f as well

$$\begin{aligned} \implies |f(x)| &\leq |f(\xi)| + \int_{(a,b)} |f'| \\ &= |f(\xi)| + \|f'\|_1 \end{aligned}$$

- If $f(a) = 0$ then we have

$$\|f\|_1 \leq \|f'\|_1 |b - a|$$

- **However, if $f(a) \neq 0$, then this inequality does not hold.**

- However, this holds

$$\|f - f(a)\|_1 \leq \|f'\|_1 |b - a|$$

$$\begin{aligned} \mathcal{C}^1(0, 1) \setminus \{0\} &\rightarrow [0, \infty) \\ f &\mapsto \frac{\|f\|_1}{\|f'\|_1} \end{aligned}$$

Comparing $\| \cdot \|_2$

- Let $f \in \mathcal{C}^1(a, b)$ such that $f' \in L^2(a, b)$.

- Then by

(Intermediate value theorem for continuous $[a, b] \rightarrow \mathbb{R}$) Let $f : [a, b] \rightarrow \mathbb{R}$ be continuous and suppose there are two points $\alpha < \beta$ in $[a, b]$ such that $f(\alpha) \neq f(\beta)$. Then $f(x)$ takes every value between $f(\alpha)$ and $f(\beta)$ for $x \in (\alpha, \beta)$. That is

$$f(\alpha, \beta) \supseteq (f(\alpha), f(\beta))$$



Let k be a number between $f(\alpha)$ and $f(\beta)$. Then apply

$f : [a, b] \subset \mathbb{R} \rightarrow \mathbb{R}$ be continuous and suppose $f(a), f(b)$ have opposite sign, that is,

$$f(a)f(b) < 0$$

Then $\exists c \in (a, b)$ such that

$$f(c) = 0$$



- Take $f(a) > 0, f(b) < 0$.

- Define

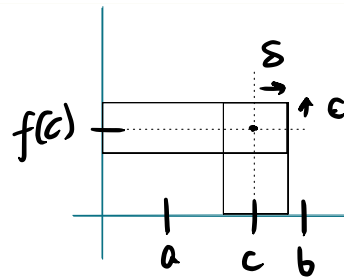
$$c := \sup\{x \in [a, b] : f(x) \geq 0\}$$

- This set has a and is bounded above by b . So c exists and $c \in (a, b)$.

- Assume $f(c) \neq 0$

- $\exists \delta$ such that δ - $B(c)$ has same sign as $f(c)$ from the sign property

- If $f(c) > 0$



then

$$x \in (c, \delta) \implies f(x) \geq 0$$

meaning elements of (c, δ) also belong to the above set. **Contradiction** to the definition of c .

- Assume $f(c) > 0$ (space. R.1. f . cont.)
- Hence, $f(c) = 0$.

for the function $g : [\alpha, \beta] \rightarrow \mathbb{R}$

$$g(x) := f(x) - k$$

Use the fact that continuous images of connected sets are connected.

we have a $c \in [-r, r]$ such that

$$f(c) = \frac{1}{2r} \int_{(-r,r)} f$$

- Putting $\xi = c$ in

- Then the derivation of f from $f(\xi)$ is bounded by

$$\begin{aligned} |f(x) - f(\xi)| &= \left| \int_{\xi}^x f' \right| \\ &= \left| \int_{[x,\xi]} f' \right| \\ &\leq \int_{(a,b)} |f'| \\ &= \|f'\|_1 \end{aligned}$$

and using Cauchy-Swartz $\|f'\|_1 \leq \left(\int_{(a,b)} 1 \right) \|f'\|_2$ we have

$$|f(x) - f(\xi)| \leq |b - a| \|f'\|_2$$

— Integrating

$$\left\| f - \frac{1}{|b-a|} \int_{(a,b)} f \right\|_1 \leq |b-a|^2 \|f'\|_2$$

which gives us nothing new.

- Squaring and integrating, however, produces

$$\left\| f - \frac{1}{|b-a|} \int_{(a,b)} f \right\|_2^2 \leq |b-a|^2 \|f'\|_2^2$$

☀ We see

$f \in C^1[a, b]$	then	and equality \iff
$\int_{[a,b]} f = 0$ and $f(a) = f(b)$	$\ f\ _2 \leq \frac{ b-a }{2\pi} \ f'\ _2$	$f(x) \equiv c \sin \frac{2\pi}{L}(x-a)$ for some $c, \alpha \in \mathbb{R}$
$f(a) = f(b)$	$\ f\ _2 \leq \frac{ b-a }{\pi} \ f'\ _2$	$f(x) \equiv c \sin \frac{\pi x}{L}$
$\int_{[a,b]} f = 0$	$\ f\ _2 \leq \frac{ b-a }{\pi} \ f'\ _2$	$f(x) \equiv c \cos \frac{\pi x}{L}$

bounding $\| \cdot \|_p$ on domains with C^1 -boundary

☰ (Poincaré's inequality) Let $U \subset \mathbb{R}^n$ be a bounded, connected open subset with a C^1 -boundary ∂U . For $p \in [1, \infty]$, there exists $c(p, U) > 0$ such that for every $u \in W^{1,p}(U)$ we have

$$\left\| u - \frac{1}{m(U)} \int_U u \right\|_p \leq c(p, U) \|\mathcal{D}u\|_p$$

Current note has 0 direct children and 0 total descendants.

- [stamp](#) stamp
 - [Rf](#) subobjects of and functions on $\mathbb{R}^n, T^n, S^n, \mathbb{C}^n$
 - [derivative](#) Differentiable functions
 - [bd](#) Comparing a function and its derivative

And it has 10 siblings.

- [stamp](#) stamp
 - [Rf](#) subobjects of and functions on $\mathbb{R}^n, T^n, S^n, \mathbb{C}^n$
 - [derivative](#) Differentiable functions
 - [1 at a point](#) Functions $(a, b) \rightarrow \mathbb{R}$ differentiable at a point
 - [bd](#) Comparing a function and its derivative
 - [cont abs](#) Absolutely continuous functions on $[a, b] \leftrightarrow \int_{[a, -]} (L^1[a, b])$
 - [dist](#) Distributional derivatives
 - [double circle](#) Double derivative/Laplace operator on the circle
 - [frac](#) Fractional derivative
 - [limit infinite](#) Infinite limit of derivatives
 - [space](#) Space of continuous and continuously differentiable functions on \mathbb{R}
 - [total](#) Derivative of maps $\mathbb{R}^n \rightarrow \mathbb{R}^m$
 - [zoom](#) Zooming of a map $\mathbb{R}^n \rightarrow \mathbb{R}^m$